

Athlete's Information on Pseudoephedrine

The World Anti-Doping Agency has reintroduced pseudoephedrine to the 2010 Prohibited List which comes into effect as from 1st of January 2010. **Pseudoephedrine is listed as Stimulant and it is prohibited In-Competition only, at a urinary threshold of 150 µg/mL.**

This notice aims to inform Athletes and their support personnel about pharmaceutical products licensed by the Ministry of Health of Cyprus in which pseudoephedrine is contained.

Please note that the list below is indicative and contains medicinal products registered in Cyprus and in which pseudoephedrine is contained. The list is based on the published data from the Pharmaceutical Services, Ministry of Health of Cyprus. Even though every effort to ensure complete and accurate information in this list has been made, the Cyprus Anti-Doping Authority is not responsible for any omissions from the list of medicinal products containing pseudoephedrine.

Athletes, in any case, are strongly advised to read carefully the manufacturer's label of the product, and always consult their doctor or pharmacist for proper use. Under no circumstances Athletes shall use drugs provided by third persons or from illegal sources.

Tablets

CLARITIN-D TABLETS
COMTrex COLD FILM COATED TABLETS
GALSUD TABLETS 60mg
NUROFEN COLD & FLU FILM COATED TABLETS
PANADOL COLD & FLU TABLETS
PANADOL SINUS TABLETS
SNIP TABLETS
SUDAFED TABLETS 60mg
ZYRTEC-D PROLONGED RELEASE TABLETS

Syrups

ACTIFED DM COUGH LINCTUS SYRUP
ACTIFED EXPECTORANT SOLUTION
ACTIFED SYRUP
MEDOFED COMPOUND SYRUP
MEDOFED SYRUP
SUDAFED EXPECTORANT SYRUP
SUDAFED SYRUP 30mg/5ml

Athletes need to be certain the medications they take during, or just before competitions do not contain pseudoephedrine. Athletes need to allow enough time for the substance to pass from their body prior to competition.

The 2010 Prohibited List is available on the website of the Cyprus Anti-Doping Authority (www.cyada.org.cy). For questions on medications you need to use, you may contact CyADA on info@cyada.org.cy or by phone +357-22353204 or visit the CyADA website www.cyada.org.cy